



AUTUMN ACTIVITIES

28th of October to 3rd of November 2024



CAMIRAL

GOLF & WELLNESS

Make this half term unforgettable by joining us this Autumn for a dose of late-season sunshine! Autumn at Camiral is truly special – our kitchen garden is overflowing with seasonal gems like sweet potatoes and pumpkins, while our Wellness Centre is ready to recharge your body and mind, preparing you for the cosy months ahead. Plus, our exciting lineup of activities for the whole family is in full swing, with plenty of Halloween thrills to surprise you.

28 OCT MONDAY	29 OCT TUESDAY	30 NOV WEDNESDAY	31 NOV THURSDAY	1 NOV FRIDAY	2 NOV SATURDAY	3 NOV SUNDAY
Fitness Lesson 9.00 - 10.00	Morning Autumnal Walk 9.00 - 11.00		Fitness Lesson 9.00 - 10.00	Mushroom Foraging 9.00 - 12.00	Forest Park 9.00 - 11.00	Fitness Lesson 9.00 - 10.00
		Beeswax Candlemaking workshop 10.00 - 12.00	Pumpkin Workshop 10.00 - 12.00			Multisport Camp 10.00 - 11.00
Forest Park 11.00 - 13.00	Pilates 11.00 - 12.00	Bike Tour (Thermal route) 9.30 - 13.00	Catalan Vermouth Tasting 12.00 - 13.00	Mushroom Showcooking 12.00 - 13.00	Yoga 11.00 - 12.00	Paddle Initiation 11.00 - 12.00
	Multisport Camp 11.00 - 13.00					Kids Bird Watching 12.00 - 13.00
		Ratafia Workshop 15.00 - 17.00	Trick or Treat 16.00 - 17.00	Multisport Camp 15.00 - 16.00	Halloween Party 15.00 - 16.00	Footgolf 15.00 - 16.00
Bike Tour (Caldes de Malavella Route) 16.00 - 18.00	Forest Park 16.00 - 18.00			Mini Golf 17.00 - 18.00	Bike Tour (Ermita Santa Margarida Route) 16.00 - 18.00	Forest Park 16.00 - 18.00
		Evening Walk 19.00 - 21.00				

- Family & Kids - **TOGETHER WELL**
- Sports & Wellness - **LIVE WELL**
- Bio Activities - **EXPLORE WELL**
- Gastronomical - **EAT WELL**
- KIDS**



SPORTS & WELLNESS

PILATES
A relaxing group mat class in our Wellness Centre Studio, designed for all levels.

PADDLE INITIATION

Learn the fundamentals of paddle sports with an introductory session covering essential gameplay concepts, followed by hands-on practice to get you started.

FITNESS LESSON

Keep fit with our instructors, in this electrifying exercise session. Class suitable for all levels.

YOGA

An introduction to yoga for all ages is a great way to explore a practice that's renowned for promoting physical and mental wellbeing.



GASTRONOMICAL

PAELLA SHOWCOOKING
Have you ever wondered how our Chefs create such amazing dishes? Come and watch a demonstration to see how they are creating delicious rice dishes for this season's menu.

MUSHROOM SHOWCOOKING

Enjoy a live cooking demonstration featuring the mushrooms foraged during the earlier activity, followed by a tasting of the delicious dishes prepared.

RATAFIA WORKSHOP

Stroll through the resort as you discover the aromatic plants that give ratafia its unique flavor, then wrap up your experience with a delightful tasting session in the garden.

CATALAN VERMOUTH TASTING

Discover the classic Catalan aperitif with an authentic vermouth tasting experience.



KIDS

TRICK OR TREAT
Games and sweets are on hand for children and families. Children (and adults) can even come dressed in costume for this spooktacular activity.

MULTISPORT CAMP

Give your children a chance to try their hand at a range of different sports, from football to basketball, baseball to tennis at this 2-hour multisport camp. Suitable for 3-12 year olds.

HALLOWEEN PARTY

Join us for a fun-filled activity exclusively for children at the Kids Club, featuring exciting games and a costume party!

KIDS BIRD WATCHING

A fun and educational excursion to our bird-watching area, where children can learn about the various species that call our resort home.



BIO ACTIVITIES

MUSHROOM FORAGING
Explore the areas around the resort on foot or by bike, gathering mushrooms from the best spots and learning to identify the local varieties along the way.

FOREST PARK

Hidden in the resort's woodland, this exciting forest adventure features adrenalin pumping zip lines and wooden bridges in the trees.

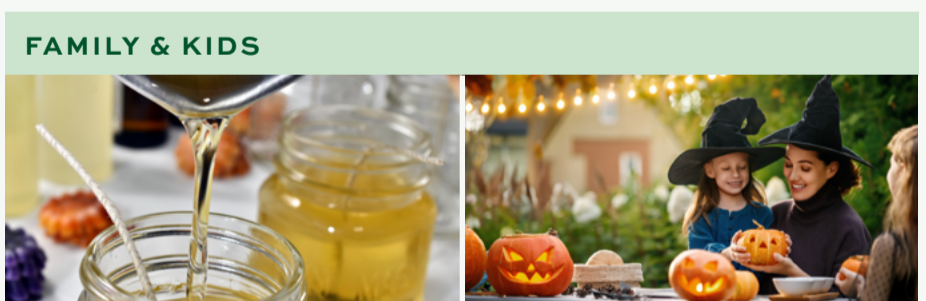
BIKE TOUR

Discover the delights of the local surroundings on two wheels, with a guided bike tour covering the following areas:

Ermita Santa Margarida route (18km, 1:30h)

Thermal route (34km, 3:30h)

Caldes de Malavella route (12km, 1:30h). Includes 2 photo stops at Balneario Vichy Catalan, and castle of Caldes de Malavella (romanic runes)



FAMILY & KIDS

BEESWAX CANDLEMAKING WORKSHOP
Find out about the important role of bees in the ecosystem whilst making candles with beeswax from the resort's own beehives.

MINI GOLF

Test your putting prowess with a 9 holes of mini golf, plus a warm-up.

FOOTGOLF

Foot Golf, where golf and football come together to bring the family together. Whether you play in teams or as individuals, we guarantee you will enjoy every minute.

PUMPKIN WORKSHOP

Carve, craft, and decorate your very own Halloween pumpkin, transforming it into a spooky masterpiece!

EVENING WALK

Take a scenic stroll to Santa Margarita church, where you'll enjoy light refreshments and Halloween decorations. Then, make your way back to the hotel under the stars, guided by headlamps.

MORNING AUTUMNAL WALK

Join our guide for a refreshing 5km walk through the scenic resort, exploring the beauty of the surrounding area.



PERSONALISED ACTIVITIES

As well as our Halloween calendar, we've got a whole host of personalised activities to choose from. Why not try your hand at our tennis courts, or simply relax and rejuvenate with a bit of yoga? There's something for everyone.

Paddle & Tennis Lessons

Paddle & Tennis courts & equipment hire

Yoga
Pilates

Fitness Lesson

Bike Tour
Bike Hire

Girona Food Tours

Discover Camí de Ronda

Via ferrata Cala el Molí
(Sant Feliu de Guíxols)



- **Places are limited.**
- **All activities are subject to availability and must be reserved at least 1h before at activities@camiral.com or +34 872 591 616.**
- We have protocols in place to keep you safe and give you the freedom to enjoy the activities.
- Please note: the dates and times of activities are subject to change, please book in advance to avoid disappointment.
- Undersubscribed activities are subject to cancellation and outdoor activities may be affected by the weather.
- Children under 14 must be accompanied by an adult.
- Hotel Guests: €18 per activity
- Residents: €15 per activity
- Meeting Point: Hotel Camiral (Activities Desk)

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