



# CAMIRAL

GOLF & WELLNESS



## 2024-25 SCHOOL YEAR

- Golf, fitness training and sports psychology advice for all levels.
- From 3 to 17 years.
- Saturdays from October to June (except public holidays).
- Golf Course competitions 1 Saturday/month in the afternoon (special PGA Academy greenfee €25/child).
- Camiral Golf & Wellness (driving range), Caldes de Malavella.

Our PGA accredited golf professionals provide golf lessons for all ages and skills at the PGA Academy. Here, you can hone your game, make small improvements or learn the fundamentals of golf to help you out on the course.

**TRACKMAN**  
UNLEASH YOUR POTENTIAL



### BABY

3 to 6 years from 11.30 am to 12.30 pm.  
Registration Fee €45 (includes Welcome Pack) + €70/month

Areas of focus:

- Discovery of the golf environment
- Getting to know the game
- Familiarisation with the equipment
- Games designed to develop motor skills
- Group Integration



### DISCOVERY

7 to 12 years from 10.00 am to 11.30 am.  
Registration Fee €45 (includes Welcome Pack) + €85/month

Areas of focus:

- Improving golf shots
- Defining situations on the golf course
- Introduction to competition
- Physical exercise (long term physical development)
- Encouraging values in sport



### COMPETITION

13 to 17 years from 12.30 am to 14.00 am.  
Registration Fee €45 (includes Welcome Pack) + €85/month

Areas of focus:

- Advanced technical expertise
- Exercises, routines, training & competition planning
- Physical training for golf
- Developing the mental skills for competition
- Encouraging values in sport

#### INFORMATION AND BOOKINGS

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[www.camiral.com](http://www.camiral.com)